## ocean of powerlessness



Sea of worry



Sea of not understanding















Sea of depression



Sea of defensivness

## ADRIFT ON MY RAFT

Disconected from the truth that I am The first step is becoming aware of where I am......



## Truth

A continuous light shining on our illusions

When we create from Truth we create powerfully.





Incorrect thinking....

Could it be that easy?



Sea of judgement of self/others